



BROCCOLI



FACTS

Grow Zone: 3 - 9

Family: Brassicaceae
(Formerly Cruciferae)

Genus: Brassica

Species: Oleracea

Variation: Italica

Native To: Mediterranean
Europe, Asia Minor

Mature Height: 1' - 4'

Mature Width: 1' - 3'

Type: Biennial cruciferous
vegetable

Growth Habit: Upright,
compact

Foliage: Green, large, flat,
wide & leathery simple
leaves with ruffled edges

Flowers: Tiny green flower
on large flower head

Propagation: Seeds

Why We Love Broccoli:

Broccoli is a hearty vegetable, rich in vitamin A, C, & K, as well as calcium, folate, and potassium. They are a variation of the same species as collards, kale, cabbage and brussel sprouts. These healthy, cold-weather vegetables are easy to grow in your own vegetable garden.

LIGHT

Full sun.

A cool weather crop,
does best when
harvested before or
after the height of
summer heat.

WATER

Prefers even moisture,
water 1 - 2 inches per
week.

Allow adequate
drainage. Try not to
get broccoli heads
wet, can cause rot.

SOIL

Slightly acidic to
neutral, fertile, well-
draining soil.
Fertilize every 4 to 6
weeks, starting 1 to 2
weeks after
transplanting outside.
Avoid too much
nitrogen.

FYI: Feed and water broccoli well to encourage the growth of new heads. Harvest in cool morning temperatures. Do not grow B. oleracea in the same soil back to back if possible, benefit from crop rotation.

INTERESTING VARIETIES:

- *Brassica oleracea* var. *italica* 'Calabrese'
- *B. oleracea* var. *italica* 'Belstar'
- *B. oleracea* var. *italica* 'DiCicco'
- *B. oleracea* var. *italica* 'Purple Sprouting'
- *B. oleracea* var. *italica* 'Eastern Magic'
- *B. oleracea* var. *italica* 'Sun King'
- *B. oleracea* var. *italica* 'Waltham 29'

Call & visit for more tips:

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